

## **FALL 2018 COMMUNITY EDUCATION OFFERINGS**

### **Marbled Silk Scarf**

Learn the ancient art of water marbling. Each participant will choose a color scheme and apply paint to a silk scarf utilizing rakes and combs in a swirling motion on a silk scarf.

9-11:30 a.m. Saturday, Aug. 11.

Instructor: Tim O'Neill, North Platte artist.

Cost: \$49.

### **Build Your Own Drone**

Come to class prepare to learn about, build and fly your own drone. Participants will learn the advantages of building their own drones while doing so, undergo the maiden voyages of their drones and be introduced to the world of drone racing.

1-5 pm, Saturday, Aug. 11.

Instructor: Phil Dahl.

Cost: \$449 includes drone kit.

### **ACT Prep Services**

This nine-week program helps students prepare for and improve upon ACT or SAT exam scores. Using proven methods that utilize diagnostic assessments, practice tests, linked skill review, and test-taking strategies, the course also draws on insights and practices from brain function and psychology to help students achieve a favorable mental outlook on the tests to diminish test anxiety. (Course is designed to end the week the ACT test will be offered in Ogallala). A parent meeting will be held Aug. 13 and will outline the schedule for the nine-week course.

6-8 pm, Mondays, Aug. 20-Oct. 22

Cost: \$349, includes all materials.

Detailed course questions will be answered at the parent's meeting or can be directed to Brenda Petersen at (308) 221-6647.

### **Card Sharks**

Whether you like a good game of pitch, rummy or cribbage, share your love of the game with others.

6-8 pm the first and third Wednesdays of each month, Sept. 5-April.

No cost!

### **Restart Your Health**

Want to detox from sugar and learn how to use real food to boost energy and cut sugar and carb cravings? Restart, a five-week nutritional class, sugar detox program and support group can help and empower participants to take charge of their health.

4-6 p.m. Thursdays, Sept. 6-Oct. 4 OR 10 am-noon, Saturdays, Sept. 8-Oct. 6

Instructor: Cindy Arnold.

Cost: \$139 per individual or \$259 a couple.

### **How to Gain Financial Peace**

We all need a plan for our money. Dave Ramsey's *Financial Peace University* is that plan. Through video teaching, class discussions and interactive small group activities, FPU presents biblical, practical steps to get from where you are to where you've dreamed you could be. This plan will show you how to get rid of debt, manage your money, spend and save wisely, and much more!

6-8 p.m. Mondays, Sept. 10-Nov. 5.

Instructor: Danielle McChesney.

Cost: \$59 per household.

### **Poet's Corner**

Poetry comes alive when it is spoken and when it is heard. Share original poetry with other local poets, who will share a new topic each month.

6:30-8 pm the second Monday of each month, September-April.

No cost!

### **AARP Safe Driver Course**

Refresh your knowledge of the rules of the road and learn research-based safety strategies to help maintain confidence behind the wheel. Learn to adapt to changes - in one's self, vehicle and the driving environment - to keep driving safely. The class is recommended for drivers age 50 and older but open to all ages.

1-5 pm, Friday, Oct. 19.

Instructor: AARP staff

Cost: \$15 AARP members. \$20 non-members.

### **Family Robotics Workshop**

Parents are encouraged to join their children in a day-long workshop on robotics. Participants will assemble robot kits and learn to code the tools during the morning and engage in obstacle courses, races and challenges during the afternoon.

Youth ages 10 and up must be accompanied by a parent or adult.

10 am-3 pm, Saturday, Oct. 27.

Instructor: Nancy Armstrong.

Cost: \$29 for youth-parent group. Lunch provided.

### **CPR for the layperson (for home use/daycare providers)**

Learn cardiac pulmonary resuscitation, CPR, which is used for resuscitation of a person in cardiac arrest. The class will include instruction on one-person CPR for infant, child and adult. AED (public-access public defibrillator) training and general first aid also is part of the course. Two-year certification with American Heart Association upon completion of the class.

6-8:30 p.m. Tuesday, Oct. 9 and Wednesday, Oct. 10.

Instructor: Karen Bowlin.

Cost: \$65.

### **Woodcarving with Archie**

From chip carving to more advanced carving, this might be just the hobby you're looking for. Come learn techniques to help you become a great woodcarver.

5-7 p.m. Thursdays, Oct. 18, 25 and Nov. 1 and 8.

Instructor: Archie Silvrants.

Cost: \$29.

### **Beginning Digital Camera Class**

Confused and frustrated by your digital camera? Then this course is for you! Subjects covered include the basics of taking pictures digitally, hands-on operation of your camera, available accessories,

troubleshooting, and learning how to take the pictures you want.

1-4 pm, Saturday, Oct. 20.

Instructor: Alan Mais, The Camera Doctor

Cost: \$79.

## **QPR**

Learn QPR - question, persuade, refer - for suicide prevention, as well as the warning signs, clues and communications of people in trouble.

10 a.m. – noon, Thursday, Nov. 1.

Instructor: Brian Obert.

No cost.