

McCook Community College

Fall Night Classes

LATE AFTERNOON & WEEKEND CLASSES
Classes Start August 21, 2006



It's Never Too Late To Start!

By Brent Cobb



Deanne Howell took some college classes right out of high school. Then life happened.

She became a wife and a mother and college became less important to the working mother. Yet, she always promised herself that once her two children graduated from high school, she'd go back to college. In 1991, after a divorce, she moved to McCook from the Cozad area to be closer to family.

Her children grew older. The window of opportunity to return to college opened in December of 2002 when she and 25 co-workers were laid off from Parker Hannifin. "I wasn't really planning to return to college that early, but when I was laid off from Parker Hannifin, I was able to step back and take stock and look at the possibility of college," she said.

The more she examined her life, the more college made sense. A few

weeks after she was laid off, she enrolled for the January classes at McCook Community College.

Because everything seemed to happen so fast, she didn't really have time to second-guess her decision.

"This was a huge step for me and my family," she said. "I can't begin to tell you how scary that is," she said. "Here I am in my late 30s, losing my job, needing to support my children and then deciding to be a college student."

She found employment at Springer-Magrath and on a landmark day in January, 2003 she returned to college.

"I thought I'd be the only 'old' one, but that didn't turn out to be the case," she said upon finding two other non-traditional students in her first small class.

She said at first she really didn't know what classes to take but said her fears were alleviated after having serious heart-to-heart career consultations with Donna Harr, MCC Business and Computer Science instructor and with Janet Weber, Business/Office Technology Instructor. For the next two and a half years, Deanna immersed herself in her job, her classes and her children, Andrew and Stacy. She began taking classes in the medical records field. She started working for the McCook Clinic in April of 2004. In May of 2005, she earned her 36-hour diploma in Medical Office and Medical Transcriptionist Certificates, both with honors.

"Then my instructors said, 'why stop now,'" Deanna said adding that the MCC instructors gave her great support at every step of her academic career.

"Any student, but especially non-traditional students, should not be afraid to ask questions and ask for guidance — that is why the faculty is here," Harr said.

She continued with her coursework and in May of this year she received her Associate's Degree in Office Technology-Medical Office Emphasis.

"Deanna was one of those determined, persistent students. She just kept pursuing her educational goals around working full-time and responsibilities to be where her two children needed her most," said Weber.

Deanna graduated with Phi Theta Kappa honors and made the President's List with a cumulative grade-point-average of 3.73.

She said in her position at McCook Clinic she schedules appointments, works at times as a cashier, data management, and accounts receivable as well as working one-on-one with doctors, nurses, and with patients.

"Students such as Deanne typically return to school (or come for the first time) with a definite goal in mind," said Donna Harr. "Having that goal firmly in mind is a definite asset along their path to their certificate or degree."

During her final semester at MCC, Deanna loaded up on night and on-line classes.

"Those things are fabulous," she said, adding that when she first started at MCC, there were few on-line classes in her field, but said this last semester the on-line course offerings have been built-up to the point that they were a life-saver in providing her a flexible schedule.

"The on-line classes take more discipline and I miss that direct communication with the instructor and classmates, but there comes a point when having that flexibility to work on classes at all hours of the day or night or weekend comes in handy," she said.

Her son Andrew is now taking classes at Central Community College in Kearney and recently called his mother to lament his coursework and his workload. Many first-time students might complain to mom, but Andrew's mom does know.

Later this month, Deanne will continue her studies through Bellevue College through a 15-month on-line Health Informatics course of study.

"Deanna's example is proof that persistence and determination will take you where your dreams lead you at exactly the time when you're supposed to arrive there," Weber said.

Going back to college was not easy for Deanne, but for her, the rewards have been worth it. "After that initial fear of the first day, it's all business. You don't have to take 16 hours your first semester back. Just take an hour or two and look into the non-traditional scholarships," Deanne said.

"For anybody thinking about going back to college I say, 'square your shoulders, put your chin up and do it. You can do it.'"

Fall Term Classes begin August 21, 2006
at all MPCC campus locations

Custom Studebaker to be Ruffled by the College

By John Lindenberger
The North Platte Telegraph
06/11/2006

In September, one lucky winner will drive home a custom-designed 1939 Studebaker, and it may only cost them \$10. Raffle tickets for the one-of-a-kind vehicle went on sale Friday morning at Advance Auto Parts in North Platte.

The vehicle, which is being raffled by North Platte Community College, was built entirely by college students and staff. Raffle tickets are \$10 each, and college officials report only 5,000 tickets will be sold.

Proceeds from the raffle will be used to provide scholarships for students enrolled in the automotive or auto body programs at NPCC. A portion will also help pay for materials for the next car to be built and raffled.

"This is a very good project for the students and the staff," said NPCC vice president Marilyn McGahan, adding all of the money raised in the raffle goes back into the college.

Although this year's vehicle is based on a model that is more than six decades old, the truck includes many state-of-the-art features such as remote start, electric windows, remote door locks, cruise control and remote tonneau cover.

The 1939 Studebaker also has dual air bags, air-conditioning, tilt steering, four wheel disk brakes and American racing wheels. The body is a fiberglass kit mounted on the chassis of a 1999 Chevy S-10 pickup.

"We started with a '99 S-10 that was wrecked," said Don Wilson, auto body technology instructor at NPCC.

Wilson said the engine is a six-cylinder, 4.3-liter vortec engine, which is standard in the S-10. The interior cab is also from the S-10, and fits under the fiberglass body.

The body has been painted yellow and blue using vibrance paint, which was all donated by PPG Industries and MPCC. Wilson said the paint was one of the more expensive items on the truck at \$200 per quart.

"There's over \$3,000 worth of paint on that vehicle," he added.

Wilson said the truck took just four months to complete. The engine and suspension were done by students in the automotive technology program, under the guidance of instructor Bryan Herrick.

The car was then turned over to Wilson and his auto body students for the bodywork and painting both inside and out. It then went back to Herrick for the final electronic components.

Wilson said the unique grill design is all stainless steel, and the headlights are from a Ford Taurus, making this truly a one-of-a-kind vehicle.

While building the 1939 Studebaker, Wilson said they had to put in the windshield twice, which proved to be a challenge since the broken windshield had to be cut loose.

"That was the biggest hurdle we had," Wilson said. "Other than that, everything went pretty smooth." Wilson said it is hard to part with these special vehicles after investing so much effort into building them. He admits they become somewhat attached to the vehicle.

"We'd like to see it go to a good home," Herrick added.

So what's next for the automotive team at NPCC? Wilson said they have already started work on their next car, which is a two-door 1935 Chevy sedan that has been chopped two and a half inches.

"We hope to have to done in January," Wilson said.

That car will be raffled next summer. In 2008, car enthusiasts can look for the student's next creation - a 1941 Willys.

To help show off this year's 1939 Studebaker, Wilson and Herrick have already taken the vehicle to several car shows in the region, including the Tri-City Car Show in Grand Island in February.

Several more car shows are planned throughout the summer to help promote the raffle. Tickets will be sold until the drawing on Sept. 9 or until they reach the 5,000 limit.

The official drawing will be at 2 p.m. on Sept. 9 during the Colonel Cody's Cruise Show and Shine in downtown North Platte. Tickets for the raffle are available at NPCC or at Advance Auto Parts in North Platte.



MCC Instructor Garners NISON Award

Loretta Hauxwell, McCook Community College Instructor of Family and Consumer Science and in Psychology, has been named an Excellence Award winner by the National Institute for Staff and Organizational Development (NISOD).

Mrs. Hauxwell was nominated for the NISOD Excellence Award by Mid Plains Community College Officials in December of last year. Selection criteria are left to the discretion of each institution. Only faculty, staff, and administrators at NISOD-member institutions are eligible.

Mrs. Hauxwell started her teaching career at York Middle School where she spent three years before joining the MCC faculty in January of 1998.

She began her education at McCook Community College and received her Bachelor's Degree from the University of Nebraska-Lincoln in Family and Consumer Sciences Education and her Masters from UNK in School Counseling.



Questions? Call MCC Admissions 345-8101

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McCook Community College

Course Code	Course Title	Cr.	Begin Week	End Week	Begin Time	End Time	Day(s)	Instructor	Loc	Bldg	Room	Note
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Accounting

ACCT 1030 MC 02	Introductory Accounting I	3	08/21	12/14	6:30 PM	9:30 PM	T	Weber	MC	WB	103	
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A foundation course for more advanced work in the fields of accounting and business management, designed to furnish a knowledge of accounting principles and practice which will be of value to the businessperson, secretary, and professional accountant. Included are the theory and practice of double-entry accrual basis accounting, various journals, ledgers, financial statements, the complete accounting cycle, cash control, accruals, inventories, depreciation, payroll accounting, adjusting and closing the accounts, business papers, reports, and other accounting related topics.

Agriculture

AGRI 1410 MC 01	Intro to Ag-Economics	3	08/21	12/14	6:30 PM	9:30 PM	R	Staff	MC	BH	23	
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An introductory course to develop an interest in and to comprehend the basic principles of agricultural economics. Topics: production principles and price determination, management of inputs, marketing of agricultural products, agricultural public policy, world production and trade, future of agriculture.

Art

ARTS 1000 MC 01	Art Structure	3	08/21	12/14	6:30 PM	9:30 PM	R	Johnson	MC	WR	106	
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An introduction to the language and manipulation of two and three-dimensional forms of art. Lecture and studio. For elementary education and non-art majors. Text and supplies required. Fee \$20.

ARTS 1300 MC 01	Ceramics I	3	08/21	12/14	6:30 PM	9:30 PM	M	Clapp	MC	WR	108	
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An introduction to the manipulation of clay, the evolution of form, application of glazes, and application of three-dimensional composition. Prerequisite: ARTS 1070 or permission of instructor. Fee \$35.

ARTS 1310 MC 01	Ceramics II	3	08/21	12/14	6:30 PM	9:30 PM	M	Clapp	MC	WR	108	
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A continuation of ARTS 1300 with emphasis on improvement of technique and wider expression of individual creativity with clay. Studio required. Prerequisite: ARTS 1300 or permission of instructor. Fee \$35.

ARTS 2430 MC 01	3D Design & Animation	3	08/21	12/14	6:30 PM	9:30 PM	T	Meyers	MC	WR	106A	
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Students will create three-dimensional digital shapes and animate them with custom backgrounds, texture, and lighting. They will also add audio to projects and prepare them for postproduction use. Prerequisites: ARTS 1010 and ARTS 1410 or Permission of Instructor.

Biology

BIOS 1010 MC 04	General Biology	4	08/21	12/14	5:00 PM	7:30 PM	W	Warner	MC	BH	12	Must Take Lab C
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Examination of fundamental principles of plant and animal biology, including cell biology, genetics, development, structure and function, diversity, and ecology. Designed for non-biology and bioscience majors. Prerequisite: High school biology and chemistry strongly recommended. Fee \$15.

BIOS 1011 MC 03	General Biology Lab C	0	08/21	12/14	7:30 PM	9:00 PM	W	Warner	MC	BH	12	
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Lab for General Biology.

Business

BSAD 2710 MC 01	Business Law I	3	08/21	12/14	6:30 PM	9:30 PM	M	Schneider	MC	WB	127	
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A study of the law on contracts, employment, insurance, property, and sales. Emphasis is placed upon the application of the Uniform Commercial Code.

Chemistry

CHEM 1090 MC 02	General Chemistry I	4	08/21	12/14	6:00 PM	9:00 PM	W	Garretson	MC	BH	22	
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The first semester of a comprehensive year course in chemistry that includes the principles and theories of modern chemistry. This course is designed for students who need a good theoretical background in chemistry, and it is the prerequisite for advanced chemistry courses. Prerequisites: Two years of high school algebra or one year of high school algebra and MATH 1010, and one year of high school chemistry or permission of instructor. Fee \$15.

CHEM 1091 MC 02	General Chemistry I Lab B	0	08/21	12/14	7:00 PM	9:30 PM	M	Garretson	MC	BH	14	
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Lab for General Chemistry I.

CHEM 2990 MC 01	ST: Chemistry Recitation	1	08/21	12/14	5:00 PM	6:00 PM	M	Garretson	MC	BH	22	
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Special Topics

Computer Science

CSCE 1502 MC 01	Beginning Computer I	.5	09/11	10/02	6:30 PM	8:30 PM	M	Driml-Pinkal	MC	WB	103	
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This course is designed for individuals that have little or no computer experience. Topics include computer terminology, hardware components, software, and windows operating environment. Individuals will identify parts of the computer; use Windows operating environment to create individual folders and to move/copy files and to modify the desktop; and use a software application program to create, format, print, and save a variety of word processing documents.

CSCE 1504 MC 01	Beginning Computer II	.5	10/09	10/30	6:30 PM	8:30 PM	M	Driml-Pinkal	MC	WB	103	
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This course is designed to follow Beginning Computer I. Students should have a minimal experience working with computers or have taken Beginning Computer I. The class will take a brief look at Windows, Word, Excel and exploring the Internet.

CSCE 1565 MC 01	QuickBooks	2	08/21	12/14	6:30 PM	8:30 PM	W	Stagemeyer	MC	WB	103	
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This course provides an introduction to QuickBooks Pro. Topics include creating a chart of accounts, recording transactions with customers and vendors, recording payroll, using time tracking, estimates and progress billing, and preparing financial statements. Fee \$5.

CSCE 1604 MC 01	Intro to Microsoft Word	1.5	08/21	10/16	2:30 PM	5:30 PM	M	Weber	MC	WB	103	1st 8 Weeks
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This is an introduction to basic features of the Microsoft Word software program. Focus will be given to utilizing graphics, templates, report styles, tables, columns, language references, merging and WordArt. This course is an elective for students in the Business Technology program who lack computer skills, for persons needing a computer elective in another program, or for personal use. Prerequisite: Basic computer knowledge or permission of instructor. Fee \$5.

CSCE 1624 MC 01	Intro to Corel WordPerfect	1.5	10/23	12/14	2:30 PM	5:30 PM	M	Weber	MC	WB	103	2nd 8 Weeks
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This course is designed as an introduction to the basic features of Corel WordPerfect Program with Windows. Formatting, editing features, printing, merging, tables, columns, TextArt, language references, page numbering, and handling files will be covered. This course is an elective for students in the Business Technology program who lack computer skills, for persons needing a computer elective in another program, or for personal use. Prerequisite: Basic computer knowledge, keyboarding ability, or permission of instructor. Fee \$5.

Economics

ECON 2110 MC 01	Principles of Economics-Macro	3	08/21	12/14	6:00 PM	9:00 PM	W	Wudtke	MC	BH	25	
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An introductory study of the use of scarce resources relative to virtually unlimited national desires that includes capitalism; demand, supply and the free market allocation mechanism; the public sector in relation to national income accounting, monetary, and fiscal policy and the Federal Reserve; Classical & Keynesian theories, and other related topics. Prerequisite: Sophomore standing.

Education

EDUC 1010 MC 02	College Success	3	08/21	12/14	6:00 PM	9:00 PM	T	Broz	MC	BH	21	
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The College Success course is designed to increase student success in college by assisting the students in obtaining skills necessary to reach their educational objectives. Some of the topics in this course include managing time, taking notes, communicating, taking tests, asking questions, using resources, and improving health.

English

ENGL 1010 MC 06	Expository Writing I	3	08/21	12/14	6:30 PM	9:30 PM	R	Buelow	MC	BH	21	
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Expository Writing I is designed to develop writing skills. Students write short papers and essays based upon their personal experience and/or assigned papers. The course emphasizes the clear written expression of ideas and the importance of organization, word choice, logic, and sentence construction. The process of planning, writing, revising, researching, documenting, and editing essays for a particular audience is also emphasized. Prerequisites: Minimum score on placement exam or satisfactory completion of ENGL 0990 and READ 0920. Keyboarding skills or current enrollment in OFFT 1130/1150 or permission of instructor.

ENGL 2300 MC 01	Shakespeare	3	08/21	12/14	6:00 PM	9:00 PM	M	Joyce	MC	BH	21	
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A critical study of selected works of Shakespeare. Prerequisite: ENGL 1010.

Family and Consumer Science

FACS 2060 MC 01	Early Childhood Education	3	08/21	12/14	5:00 PM	8:00 PM	T	Esch	MC	BH	24	
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This course prepares students to plan a developmentally appropriate curriculum and environments for children ages 3-8 years of age. Topics include writing goals and objectives, lesson plans, daily schedules, working with parents, and inclusionary practices. (Replaces FACS 1920.)

Fire Science

FRST 1310 MC 01	Fire Protection Hydraulics	4	08/21	12/14	6:00 PM	10:00 PM	M	Hartwell	MC	BH	24	
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Students are instructed in basic hydraulic laws and formulas applied to fire service. Enables student to apply calculations to water supply problems, and relate this information to practical field applications. Prerequisite: FRST 1110 or taken concurrently. Fee \$5.

FRST 1410 MC 01	Hazardous Materials Awareness	3	08/21	12/14	6:00 PM	10:00 PM	W	Shay	MC	BH	24	
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This course covers the properties of flammable, explosive and toxic hazardous materials. Recommended standards for safe processing, storage, handling and labeling of hazardous materials. Dealing with emergencies involving hazardous materials. Prerequisite: FRST 1110 or taken concurrently. Fee \$5.

Health Occupations

HLTH 1110 MC 01	CPR Rescuer	.5	08/29	09/05	6:30 PM	9:30 PM	T	Dernovich	MC	TI	15	
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An eight-clock hour course in Cardio-Pulmonary Resuscitation (CPR). Check class schedule for available certification(s). Fee \$15.

HLTH 1130 MC 01	Standard First Aid/Adult CPR	.5	08/21	12/14	6:00 PM	10:00 PM	M	Staff	MC	TI	15	Days To Be
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A study and application of the principles and techniques in the administration of First Aid and Basic Life Support. The class utilizes lecture and discussion format, including demonstration and practical sessions. American Heart CPR certification and an award from Mid-Plains Community College Area for eight hours of First Aid and CPR training.

HLTH 1510 MC 01	EMT - Basic	8	08/29	04/10	6:30 PM	9:30 PM	T	Dernovich	MC	TI	14	
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Instruction in the management and transportation of emergency medical and trauma patients. The class includes lectures, practical skills and possible in-hospital training. Upon successful completion the student will receive a MPCC grade. To receive State of Nebraska certification, the student will have to successfully pass the National Registry test and apply to the State of Nebraska. Prerequisite: American Heart Association Basic Life Support or its equivalent. Fee \$10.

HLTH 1550 MC 01	EMT - Refresher	2	08/29	12/12	6:30 PM	9:30 PM	T	Dernovich	MC	TI	14	
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A Department of Transportation 35-clock-hour classroom review of emergency medical care procedures. Fee \$10.

HLTH 2610 MC 01	EMT - Intermediate	15	10/03	05/10	6:00 PM	10:00 PM	T R	Haas	MC	TI	15	
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This is a course designed for ambulance personnel who have completed the basic EMT-B course. Students will be trained in the advanced skills of assessment and treatment based upon current U.S. Department of Transportation curriculum and scope of practice for an Advanced EMT-Intermediate. Prerequisite: HLTH 1510.

HLTH 2710 MC 01	EMT-Paramedic	15	10/02	05/09	6:00 PM	10:00 PM	M W	David	MC	TI	14	
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This course is designed to fulfill the clinical and field hours required by the DOT for completion of the DOT EMT - Paramedic. Prerequisite: HLTH 2610.

**Introductory
Accounting II
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- ✓ MS Office

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McCook Community College

Course Code	Course Title	Cr.	Begin Week	End Week	Begin Time	End Time	Day(s)	Instructor	Loc	Bldg	Room	Note
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History

HIST 2010 MC 03	American History I to 1877	3	08/21	12/14	6:00 PM	9:00 PM	M	DeVaughn	MC	BH	23	
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A survey of American history from the pre-colonial era through the period of the Reconstruction. Emphasis will be placed upon the political, economic, cultural, social, religious, and institutional development of the nation. The course will include colonial development, the American Revolution, constitutional evolution and the establishment of a new republic, Jacksonian democracy, the market revolution and reform movements, slavery, westward expansion, the War with Mexico, sectionalism, the Civil War, and social problems in the growth of the American nation.

Information Technology

INFO 1000 MC 01	Intro to Information Tech	3	08/21	12/14	4:00 PM	5:15 PM	T R	Shobe	MC	WB	130	
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This course provides an overview of information technology. Concepts to be covered include: history of data processing, computer hardware, computer software, problem-solving techniques, business use of computers, social aspects, and careers. Fee \$10.

INFO 1020 MC 01	Operating Systems I	3	08/21	12/14	6:00 PM	9:00 PM	M	Shobe	MC	WB	115	
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This course is an introduction to basic administration tasks using command line for Windows operating systems. Students will work with each of these operating systems in both a standalone and a networking environment. Fee \$10.

INFO 1695 MC 01	Web Design I	3	08/21	12/14	2:30 PM	3:45 PM	M W	Shobe	MC	WB	115	
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This course is for the beginning web page designer. Students will learn to use hypertext markup language (HTML) to design web pages. Topics include text formatting, linking, lists, images, tables, frames, styles, cascading style sheets, forms and frames. Web site/page design elements and Web publishing/maintenance principles will be presented. Fee \$5.

INFO 1800 MC 01	Cisco Networking I	4	08/21	12/14	6:00 PM	10:00 PM	W	Brown	MC	WB	115	
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This course is the introductory course in Cisco's Networking Academy curriculum and is intended to be one of the preparatory courses for the Cisco Certified Networking Associate (CCNA) exam. The concepts covered are networking terminology and protocols, LANs and WANs. The OSI model layers, network cabling, routers and router configurations, network topologies, IP addressing, and networking standards. (Replaces ELNS 1600.) Fee \$10.

INFO 2800 MC 01	Cisco Networking III	4	08/21	12/14	6:00 PM	10:00 PM	T	Brown	MC	WB	115	
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This is the third of four semester courses in Cisco's Networking Academy curriculum and is intended to be one of the preparatory courses for the Cisco Certified Networking Associate (CCNA) exam. The course introduces students to the basics of switching and intermediate routing skills. The course focuses on an introduction to classless routing, Single area OSPF, EIGRP, switching concepts, switches, switch configuration, Spanning-Tree Protocol, virtual LANs and VLAN Trunking Protocol. Prerequisites: INFO 1810. (Replaces ELNS 2600.) Fee \$10.

Licensed Practical Nursing

LPNR 2120 MC 01	IV Certification Preparation	4	08/15	12/12	6:00 PM	10:00 PM	T	Rupe	MC	BH	23	
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Optional post graduate course to prepare LPNs to perform expanded duties to IV therapy as allowed by state law. Upon completion, LPNs are eligible to be certified after successful completion of the certifying examination. Prerequisites: Pharmacology/Drug calculations exam and one letter of reference. Fee \$15.

Mathematics

MATH 1200 MC 01	Elements of Statistics	3	08/21	12/14	6:30 PM	9:30 PM	R	Salyer	MC	BH	25	
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Frequency distributions, elementary probability theory, measures of dispersion and central tendency, normal distributions, confidence intervals, hypotheses testing, regression and correlation. Prerequisite: MATH 1010 or adequate level on the math placement exam.

MATH 2000 MC 01	Modern Elem School Math I	3	08/21	12/14	6:30 PM	9:30 PM	M	Salyer	MC	WB	129	
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Required for the elementary education major. Problem solving, systems of numeration, non-decimal bases, basic number theory, operations on whole numbers, integers, rational numbers. Prerequisite: MATH 1150 or 4 years of high school math, or permission of instructor.

Music

MUSC 1010 MC 01	Concert Choir I	1	08/21	12/14	3:30 PM	4:45 PM	T R	Baker	MC	TI		
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A large mixed choir performing choral works as well as chamber music. Public concerts and tours. Open to all students.

MUSC 1020 MC 01	Concert Choir II	1	08/21	12/14	3:30 PM	4:45 PM	T R	Baker	MC	TI		
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Continuation of MUSC 1010.

MUSC 2010 MC 01	Concert Choir III	1	08/21	12/14	3:30 PM	4:45 PM	T R	Baker	MC	TI		
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Continuation of MUSC 1020.

MUSC 2020 MC 01	Concert Choir IV	1	08/21	12/14	3:30 PM	4:45 PM	T R	Baker	MC	TI		
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Continuation of MUSC 2010.

Nursing Assistant

NURA 1100 MC 03	Nursing Assistant	4	09/26	12/05	6:00 PM	10:00 PM	T R	Sell	MC	WB	31	
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NURA 1100 MC 04	Nursing Assistant	4	10/02	11/15	5:00 PM	9:00 PM	M WR	Bauer	MC	WB	30	
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Preparation in basic nursing care to pass the examination required to work professionally. Fee \$5.

NURA 1360 MC 01	Medication Aide	3	10/02	11/13	5:00 PM	9:00 PM	M R	Eklund	MC	WB	21	
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The content of this course will meet the 40-hour training requirement by the Nebraska State Department of Health and Human Services, Credentialing Division for childcare providers, staff members of schools, and persons providing medications in a recipient's home or ICF-MR or AL Facility. Prerequisite: NURA 1100.

Office Technology

OFFT 2050 MC 01	Records Management	3	08/21	12/14	6:30 PM	9:30 PM	R	Lyons	MC	WB	129	
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A study of the record life cycle from creation to disposition. Emphasis is placed on applying the alphabetic filing rules and application to the basic filing systems—alphabetic, numerical, geographic and subject filing. Creation, storage, checkout procedures, retention, transfer and disposition of records. Microfilm, electronic storage and computerized storage and retrieval of records (database). Fee \$10.

OFFT 2080 MC 01	Bus Math & Calculator	3	08/21	12/14	6:00 PM	9:00 PM	W	Michaelsen	MC	WB	129	
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Basic math concepts applicable in business situations such as invoicing, discounts, pricing, payroll, basic banking procedures, interest, and practical business applications. Individualized and group instruction in the use and operation of the most commonly used electronic calculators. Prerequisite: Passing score on numeric skills test or permission of instructor. Fee \$10.

Pharmacology

PHAR 1500 VT A2	Pharmacology	2	08/21	12/14	5:00 PM	7:00 PM	W	Dolph	MC	WB	111	DL: McCook
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PHAR 1500 VT D2	Pharmacology	2	08/21	12/14	5:00 PM	7:00 PM	W	Dolph	OG			DL: Ogallala
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Basic information in the major areas of pharmacology including general principles, pharmacokinetics, drug interactions, chemotherapy and the pharmacology of the nervous, cardiovascular, renal, gastrointestinal and endocrine systems. Prerequisites: BIOS 1140, BIOS 2250, BIOS 1100, or LPNR 1190. Note: CHEM 1050 or CHEM 1090 is strongly recommended.

Physical Education

PHED 1080 MC 01	Weight Training I	2	08/21	12/14	4:00 PM	4:50 PM	T R	Orton	MC	TR		GYM For Women Only
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PHED 1080 MC 02	Weight Training I	2	08/21	12/14	3:00 PM	3:50 PM	M W	Orton	MC	TR		GYM
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A co-educational activity class with emphasis on activity. The class attempts to explain physiological training principles and a body's reaction to weight training. Students will participate in an aerobic/weight training circuit that will allow individuals to work beyond their present physical state. Note: This course may not transfer toward general education or degree requirements at some four-year colleges. Fee \$10.

PHED 1090 MC 01	Weight Training II	2	08/21	12/14	4:00 PM	4:50 PM	T R	Orton	MC	TR		GYM For Women Only
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PHED 1090 MC 02	Weight Training II	2	08/21	12/14	3:00 PM	3:50 PM	M W	Orton	MC	TR		GYM
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A continuation of PHED 1080. Prerequisites: PHED 1080 or permission of instructor. Note: This course may not transfer toward general education or degree requirements at some four-year colleges. Fee \$10.

PHED 1950 MC 01	Prevention/Care of Athletic Injuries	3	08/21	12/14	6:30 PM	9:30 PM	W	Orton	MC	BH	21	
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Instruction in theory and practice of conditioning, taping, and rehabilitation of common sports injuries. An anatomical review and evaluation techniques for common injuries to the ankle, knee, shoulder, wrist, and hand as well as hip, thigh, head, neck, face, ear, eye, nose, and dental injuries. Universal precautions for blood borne pathogens and disposal of contaminated materials. Emergency procedures for sports injuries will be covered.

PHED 2990 MC 03	ST: Weight Training III	2	08/21	12/14	3:00 PM	3:50 PM	M W	Orton	MC	TR		GYM
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PHED 2990 MC 04	ST: Weight Training IV	2	08/21	12/14	3:00 PM	3:50 PM	M W	Orton	MC	TR		GYM
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PHED 2990 MC 05	ST: Weight Training III	2	08/21	12/14	4:00 PM	4:50 PM	T R	Orton	MC	TR		GYM For Women Only
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PHED 2990 MC 06	ST: Weight Training IV	2	08/21	12/14	4:00 PM	4:50 PM	T R	Orton	MC	TR		GYM For Women Only
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Special Topics

Physics

PHYS 1020 MC 01	Astronomy	3	08/21	12/14	6:00 PM	9:00 PM	T	Garretson	MC	BH	22	
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An elementary course designed for non-science majors. Topics include the nature and motions of the Earth, Moon, planets, Sun, stars, galaxies, as well as other deep sky objects. A historical overview of manned and unmanned space flights is included. The course will include evening observing sessions using the college's eight-inch reflecting telescope.

Psychology

PSYC 1810 MC 04	Intro to Psychology	3	08/21	12/14	6:00 PM	8:50 PM	R	Staff	MC	BH	24	
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Introduction to concepts and research in the areas of personality, motivation, emotion, learning, memory, perception, cognition and social phenomena, as well as environmental (including cultural), developmental and biological bases of behavior and mental processes as applied to the field of psychology.

Reading

READ 0920 MC 01	College Prep Reading	3	08/21	12/14
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McCook Community College

Course Code	Course Title	Cr.	Begin	End	Begin	End	Day(s)	Instructor	Loc	Bldg	Room	Note
			Week	Week	Time	Time						
Spanish												
SPAN 1010 MC 01	Beginning Spanish I	5	08/21	12/14	6:00 PM	8:30 PM	T R	Staff	MC	WB	16	
Fundamentals of pronunciation, grammar structures, reading, writing, speaking and listening comprehension. Study of the Hispanic culture is incorporated throughout the course. The focus is on linguistic proficiency for communication. Oral laboratory one hour per week required.												
Speech												
SPCH 1090 MC 01	Fund of Human Comm	3	08/21	12/14	6:30 PM	9:20 PM	W	Watts	MC	WB	21	
The communication system of individuals and small group communication processes; students explore perception, semantics, listening, self-concept, non-verbal communication, relationships, conflict resolution, and cross-cultural communication as aspects of interpersonal relationships. Class exercises emphasize the personal experience of students to reinforce theories. Minimum of three formal speeches.												
Theater												
THEA 1140 MC 01	Acting I	3	08/21	12/14	6:30 PM	9:20 PM	R	Watts	MC	TI		
Stage movement, mime, body awareness, voice, script analysis, and rehearsal technique.												

**Do you know
some Spanish?
Do you want
to learn more?**

**Sue Watts will teach you to
speak in front of an
audience in her
Communications Class!**

Five Myths About Community Colleges

by Jennifer LeClaire

Like most misconceptions, community college myths are based on elements of truth. But like most misconceptions, these myths lead to mistaken beliefs that could warp your ability to choose the right post-high school educational path for you.

It's the truth about community colleges that sets you free from the bondage of what some in educational circles call the "snob factor." In fact, the truth about community colleges flies in the face of some overblown stereotypes.

"There are many wrong assumptions about community colleges, but the top students at community colleges are among our country's greatest assets," says Joshua Wyner, vice president of programs with the Jack Kent Cooke Foundation, an organization that focuses on community college student development.

Walt Disney went to a community college. So did renowned corporate executive H. Ross Perot, transplant surgeon Daniel Hayes, and NASA astronaut Eileen Collins. Nobel and Pulitzer Prize winners and several governors also graduated from junior colleges. Recently, William D. Green, CEO of Accenture, wrote a column in Newsweek about how his time at Dean College, a two-year college near Boston, helped shape his career.

Nationally, 40 percent of all traditional-age college students start out at community college, according to the U.S. Department of Education. So let's bust five of the most common myths about community colleges and let the truth speak for itself.

Myth: Students only attend community college because they can't get in to a four-year university.

Fact: Statistics refute this assumption. It may be true that, on average, community college students have lower SAT and ACT scores than university students, but many students attend community college for convenience, family, job, or financial considerations.

"Community college makes sense, purely for economic reasons. We expect more students to use community colleges in the future because of the sheer cost of a university education," Wyner explains. Community college students save on tuition and also on boarding because they can live at home during the first two years of school.

Myth: A degree from a community college is not as good as a university degree.

Fact: A community college degree can take you straight into the workforce or to an elite four-year university. Community colleges educate 62 percent of allied health professionals and over 80 percent of law enforcement officers and firefighters, according to the American Association of Community Colleges (AACC).

"Community colleges are not inferior. It is the first choice for many students because the first two years of college are really exploratory anyway and it costs so much less," says Victor Somma, a spokesman for Quinsigamond Community College in Worcester, Massachusetts.

Myth: Community colleges are inexpensive, so the education is not high quality.

Fact: Community colleges may be less expensive than four-year universities, but that doesn't mean you sacrifice a quality education. Classes in honors programs at community colleges are smaller than university classes. The curriculum is often more in-depth and there is more open exchange between teachers and students.

"We are a brand name society. Community colleges tend to be the generic brand, but it's just as good a foundation as starting at a four-year university at half the price," says AACC spokeswoman Norma Kent. "Community college graduates have gone on to Ivy League schools."

Myth: Community college credits do not transfer to four-year universities.

Fact: The quality of community colleges is getting better all the time. There are more articulation agreements with four-year colleges for them to award credit for comparable courses taken at community colleges.

"You need to know what institution you want to attend, pay attention to their requirements, and choose your classes accordingly," Kent asserts. "The key is careful planning."

Myth: Community colleges have low academic standards.

Fact: While community colleges offer "open admission" that breeds diversity, all courses are not open admission. In fact, students usually have to take placement tests in order to qualify for college-level work. Technical and special programs have high standards and students compete to enroll.

"The idea that students go to community colleges because they can't hack it at a four-year university is ridiculous," Somma says. "We have stringent policies, but we also offer students the extra support they need to succeed."

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Changes in Student Housing



Living in the Residence Halls at North Platte Community College and McCook Community College has never been easier, thanks to several changes recently implemented by college administrators. The changes were the result of meetings with the Student Leadership Team and will become effective during the Fall 2006 Term.

"Although these changes will affect a relatively small number of students, we wanted to do everything in our power to assume a leadership role and break down any possible barriers that might stand in the way of students achieving their goals," said Chuck Salestrom, Mid-Plains Community College Area Director of Public Information and Marketing.

According to Salestrom, one change is that students will now be allowed to live in the Residence Halls during the Winter Holiday break and throughout the summer. Previously, students were only able to contract a room for the Fall and Spring Terms and an eight-week period during the Summer Term. They were required to vacate the premises in the interim. "We now have housing staff that is contracted year-round so there is no reason students can't stay in the Residence Halls year-round as well," Salestrom said. He noted that students who would like to stay during the holidays and before and after the Summer Term would have additional costs and that the rooms are pending availability.

Another change is that part-time students who are taking a minimum of nine credit hours will now be eligible to live in the Residence Halls pending availability of rooms. In the past, only full-time students with 12-credit hours or more were eligible for this benefit.

Also, students who are enrolled in "partnership" colleges with MPCC, such as Chadron State College and Bellevue University, will now be eligible to live in the Residence Halls if they are taking nine credit hours or more at the partnership college.

"They can be taking online or distance learning classes and still live in the Residence Halls pending availability," Salestrom said.

"While these aren't necessarily big changes, they provide several options that weren't available in the past," Salestrom said. "We hope the changes will be beneficial in making the college experience less stressful for students who struggle with housing issues."

Anyone interested in learning more about housing availability should contact the following offices. For reservations or availability at North Platte Community College, please contact the NPCC Housing Office at 308-535-3795. For room information and availability at McCook Community College please contact the MCC Housing Office at 308-345-8177.



Mid-Plains Community College Quick Facts

MPCC's Role in Regional Economy Local Economy Stimulation

- MPCC has operating expenses of \$15.2 million in 2005-06
- \$13.4 million of its operational budget remains in our communities
- \$10.9 million in payroll and benefits.
- 163 Full-time Employees
- 354 Part-time Employees
- \$2.5 million in supplies
- For every \$1 MPCC spends in earnings, there is an additional \$0.44 in earnings generated in the local economy.

Off-Campus Courses

- Courses are offered in more than 43 communities.
- More than 200 college credit courses and 300 non-credit avocational-professional-recreational courses are offered.
- 125 Area citizens serve on Community Education Advisory Committees.

State and Local Return on Investment

- State and local government will be fully recovered in 11.9 years through higher tax receipts and reduced pressure on public services.
- State and local government will see a 9% rate of return on their support of MPCC.

Education means Higher Earnings

- The average lifetime earnings of a graduate with a One-Year Certificate are 81.7% more than someone without a high school diploma or GED and 15.4% more than a person with a high school diploma or GED.
- The average lifetime earnings of a graduate with an Associates Degree are 112.4% more than someone without a high school diploma or GED and 34.9% more than a person with a high school diploma or GED.
- A graduate who leaves MPCC with an two year degree will, on average, earn \$326,572 more than a person with a high school diploma or GED.
- For every \$1 invested in tuition, housing, books, fees and forgone wages, the average return to the student is \$5.94.
- The graduate will recover all their educational investment in 6.1 years, a 23.5% rate of return.

Enrollments

Total full-time equivalent (FTE) enrollment of 1605 for 2004-05. (One FTE equals 30 semester-hours of credit or 900 contact hours of non-credit.)

- 2,690 full-time students.
- 5,937 part-time credit students.
- 5,387 non-credit, training related students.
- 3,136 in avocational courses.
- 3,080 in customized training.
- 269 in Adult Basic Education.
- 46,686 credit hours generated
- 44,383 contact hours generated

Some students may be counted in more than one category.

Graduate Information

- 244 technical awards (degrees, diplomas, certificates) were granted to graduates in 2004-05.
- 140 academic transfer degrees were granted in 2004-05.
- 90% of the graduates who responded to the 2003-04 graduate survey were employed or continuing their education.
- 94% of the graduates who responded to the 2003-04 graduate survey as employed, were employed in Nebraska.